



Suggested Personal Packing List

Basic Principles of Packing

Whatever you bring you carry. The only pack that gets lighter as the trip progresses is the food pack. Tuscarora can help you with the items with a (*).

Personal Clothing

Keep it simple, but make sure you can stay warm and dry in all conditions. Layers are the best way to be prepared for anything.

Wool keeps you warm, even when wet. Cotton takes a long time to dry out. Weather in the BWCA/Quetico is volatile, just expect it to rain at some point on your trip.

Outer Layers

- Rain Jacket*** - waterproof/breathable
- Rain Pants**- waterproof/breathable
- Gloves*** - not a bad idea, even in July
- Warm stocking hat** - great for sleeping in on cold nights, even in July
- Light jacket** - something to stop the wind is great

Warm Layers

- A fleece jacket or wool sweater**
- A long sleeved shirt for sun and bug protection***
- 2 pair of lightweight long pants** - jeans are not ideal because they are heavy when wet

Base Layers

- T Shirts***
- 2 pair of shorts**
- 1 set of long underwear (top and bottom)** - yes, even in July
- Underwear**
- Light socks** - at least two pairs, one to wear and one drying
- Heavy socks*** - at least two pairs, one to wear and one drying

Miscellaneous Clothing

- A swimsuit**
- Portage shoes** - sturdy wet shoes or boots
- Camp shoes** - dry shoes for the campsite
- A set of clean clothes for your drive home**

Personal Gear

Sleeping

- Sleeping bag*** - warm enough for the coldest it could possibly get during your trip
- Pillow** - luxury item for some, necessity for others
- Sleeping pad*** - important for keeping you insulated from the cold ground

Protection from sunburn

- Sunglasses***
- Hat/Visor/Bandana***
- Lip balm** (with sunscreen)
- Sunscreen***

Toiletry Articles

- Personal toiletry articles** (i.e. toothbrush, toothpaste, deodorant) - remember that scented stuff attracts bugs
- Washcloth**
- Small towel**
- Insect repellent***

Miscellaneous

- Flashlight*** - with extra batteries
- Pocket knife*** - good for everything
- Compass*** - do you know how to use it?
- Camera*** - put in something waterproof
- Deck of cards***
- Book**
- Small journal**
- Fishing pole and small tackle box**